

# FIRST AID INSTRUCTOR

CJSTC COURSE #1114

40 Hours

May 18 – 22, 2026

8am – 5pm | M - F

Mandatory Retraining Only

**VOLUSIA**  
★★★★★★★★★★★★  
**SHERIFF**  
MICHAEL J. CHITWOOD

**COURSE:** This course is based on the premise that the primary objective of the basic first recruit First Aid instructor is to teach recruits their responsibilities for safe and effective response to an emergency medical situation.

**STUDENTS SHOULD BRING:** Note taking materials, textbook will be provided by The Academy.

**ATTIRE:** Business Casual (No shorts or jeans)

**NOTES:** This competency-based course may be completed in less than the scheduled hours if all objectives, content, exercises, proficiency evaluations, and exams are met (Rule 11B-35.001, F.A.C.). Students in a Specialized Instructor Course must pass the written exam on their first attempt with a minimum score of 85% and demonstrate all required proficiency skills in accordance with CJSTC rules; First Aid Instructor students must show 100% proficiency in all specified skills (Rule 11B-35.0024, F.A.C.).

## TOPICS TO BE COVERED INCLUDE:

- Identify the components of the Florida Basic Recruit Training Program
- Identify legal, ethical and liability issues associated with first aid training
- Demonstrate how to teach a lesson from the CMS First Aid for Criminal Justice Officer Basic Recruit Curriculum
- Demonstrate how to assemble and manage first aid practical and scenario exercises
- Demonstrate proper evaluation technique of first aid practical and scenario exercises

**LEAD INSTRUCTOR:** Deputy Mike Berard

**TO REGISTER:** All training requests must first be submitted through your Chain of Command for approval. If you are submitting from an outside agency, you must complete and submit the Outside Agency Training Authorization Form. Then email the Authorization form to [BRose@volusiasheriff.gov](mailto:BRose@volusiasheriff.gov).

## LOCATION:

Volusia Sheriff's Office  
Training Academy  
3901 Tiger Bay Rd.  
Daytona Beach, FL 32124

## DATES:

May 18 – 22, 2026  
8AM – 5 PM | M – F

## COST:

This Training Course  
is CJSTC Trust Funded  
Region VII Officers have  
first seating priority

## REQUIREMENTS:

Students must attend all  
sessions of the course.

VSO TA #2026-008-01

# QUESTIONS

CONTACT Bianca Rose  
(386) 239-6522 EXT. 11083 [Brose@volusiasheriff.gov](mailto:Brose@volusiasheriff.gov)